



**WE CREATIVE  
EVERYTHING**

**FROM SOLID WOOD**

Based in Greece. Selling all over the world.

# Solid Wood Creations

Our company was founded in 2012 under the name Inatos F - Solid Furniture by Nicholas Konstantinidis, based on the experience and expertise of his father Constantine, designer and manufacturer of solid furniture since 1997.

It operates as a family business and is involved in the construction of furniture made of solid wood exclusively European and tropical origin with a constant presence in the Greek and European market.





KONSTANTINOS  
KONSTANTINIDIS

Designer and manufacturer of  
solid wood furnitures and  
traditional boats since 1997.

Founder of InatosF



NICK  
KONSTANTINIDIS

Practicing boxing since  
2009 and chinese martial  
arts since 2012

Owner



STAMATIS  
KONSTANTINIDIS

Practicing Jeet Kune Do and  
Wing chun since 2011.

Sales

# WE PRODUCE FURNITURE THAT WILL WITHSTAND THE TEST OF TIME

See for yourself.

Our furniture have been created only by solid timbers and joined with strong glue and the finish is done with high quality environmentally friendly materials.

Having access to the best pieces of wood we produce furniture that will withstand the test of time, avoiding as much as possible the natural deformation of wood as a living organism.

When the furniture is made with hands and eyes of a special, we can feel and see things that a machine can not. So every piece of furniture is carefully designed, unique and always different from the rest.





## Semicircular /01

Wallmounted dummy  
European Beech wood  
Natural colour



## Semicircular /02

Wallmounted dummy  
European Beech wood  
Walnut colour



## Freestanding /03

Free standing dummy  
European Beech wood  
Natural colour  
Pads are not included



## Freestanding /04

Free standing dummy  
European Beech wood  
Walnut colour



## Freestanding /05

Free standing dummy  
European Beech wood  
Cherry colour  
Pads are not included



## Freestanding /06

Free standing dummy  
European Beech wood  
Grey and black colour  
antique



## Freestanding Iroko /07

Free standing dummy  
Exotic Iroko hardwood  
Natural coloured with teak oil  
Pads are not included



## Freestanding JKD/08

Freestanding Jeet Kune Do  
Dummy  
European beech wood  
Cherry colour



## Wallmounted /09

Wallmounted dummy  
Only trunk, arms, leg and  
horizontal pieces  
European Beech wood  
Walnut colour



## Wallmounted /10

Wallmounted dummy Full  
European beech wood  
5 different height positions  
Natural colour  
Pads are not included



## Wallmounted /11

Wallmounted dummy Full  
European beech wood  
5 different height positions  
Cherry colour  
Pads are not included



## Stand /12

Free stand dummy Full  
European beech wood  
5 different height positions  
Dark walnut colour



## Wallmounted Walnut /13

Wallmounted dummy  
Solid Greek walnut wood  
% different height positions  
With or without Chinese letters  
Natural colour



## Long Pole /14

270 cm or 250 cm long pole  
4.3 cm tapered to 2.8 cm  
Totally straight  
European beech wood  
Walnut colour  
Approx. 1.8 kg



## Escrima /15

70 cm or 60 cm escrima stick  
2 pieces - pair  
Thickness 2.5 cm  
Totally straight and rounded  
European beech or oak



## Nunchaku /16

30 cm long nunchaku

2 pieces - pair with 7 links chain

Thickness 3.1 cm to 2.5 cm

Totally rounded

European beech or oak

## Wooden Dummy Specifications

Trunk diameter: 20 to 23 cm - Completely Round

Trunk Height: 140 -144 cm for wallmounted and 165 cm for freestanding

Arm Length: 30 cm (default)

Tappered arm: 7cm to 4,5 cm (default)

Foot: 8 cm thickness - made of four pieces of wood, impossible to break

Distance from the top of the trunk to the first hand 25 or 30 cm.

Distance between the second and third hand: 22.5 cm

Distance between third hand and foot: 38 cm

Distance between two upper arms (closed): about 22 cm

Distance between two upper arms (open): about 28 cm

Holes for hands: 5 x 5 cm

Hole on foot: 8 x 5 cm

Each doll you purchase is made in order

That means that after you make the order and full payment will need to provide us additional information - requests you may have by e-mail, such as:

1. Your height
2. Choose whether you want parallel arms (upper) or traditional
3. Choose whether you want a doll with noise reducers (putting special clothe inside the trunk) or not

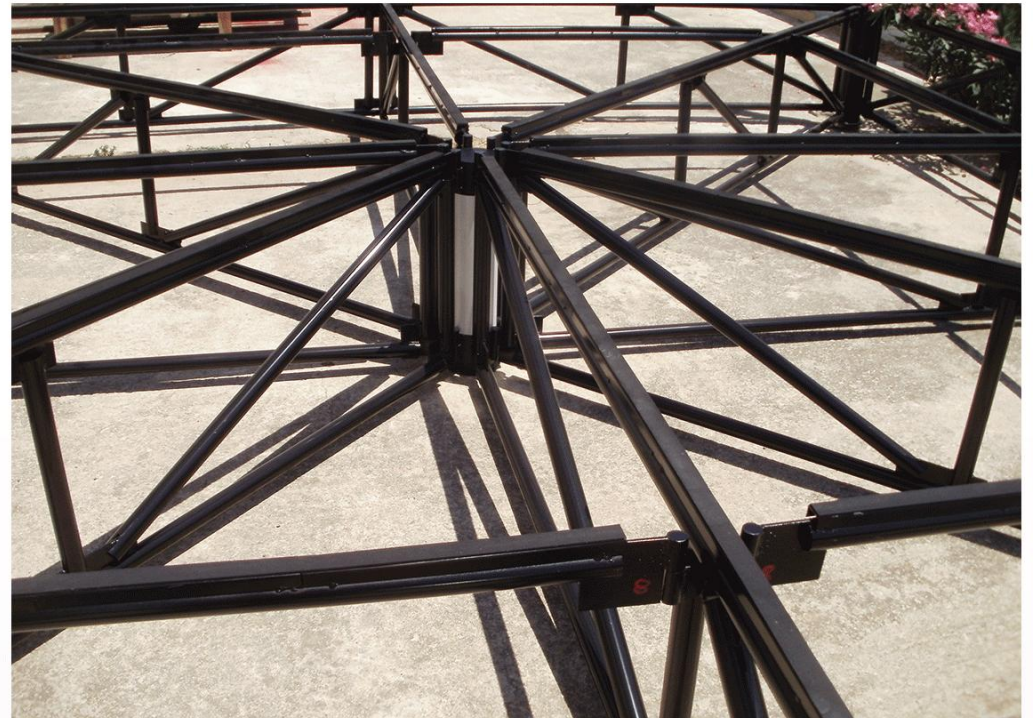
Our goal is to provide you the most suitable for you dummy

Each dummy takes about two weeks construction.

## Competition Ring 5x5 / 6x6 m

The InatosF Competition Ring is the perfect permanent addition to any gym or boxing club, featuring a heavy gauge steel construction easily assembled with 18mm plywood boards, with a heavy duty canvas cover. This boxing ring benefits from a 18" split level platform and comes complete with ring skirts, 4 ropes, corner pads, M10 ring tensioners and 2 sets of stools and steps.

- > Boxing ring
- > 25 square meters or 36 square meters platform
- > Heavy duty canvas with brass eyelets and bungee cords
- > Colour coded framework for quick assembly
- > Heavy gauge 3-5mm steel construction
- > 18" platform
- > Ring skirts supplied
- > 4 corner pads
- > Complete with 2 stools and 2 steps
- > Installation time 45 minutes (2 people)



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